

Beechwood Junior School
Personal, Social and Health Education (PSHE) and Citizenship Policy

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community

PSHE and citizenship curriculum planning

We teach PSHE and citizenship in a variety of ways. In some instances, e.g. drug education, we teach PSHE and citizenship as a discrete subject.

Some of the time we introduce PSHE and citizenship through other subjects. As there is a large overlap between the programme of study for religious education and the aims of the PSHE and citizenship curriculum, we teach some of PSHE and citizenship through our religious education lessons.

We develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives have regular meetings to discuss school matters. We offer residential visits in each Year Group.

Policy Review:

This policy will become part of the governors' 3 year review cycle.